

CHRIS CARDELL'S  
**FREEDOM**

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THE POWER OF  
**ADVANCED  
THINKING**

# **THE STRUCTURE OF WISDOM**

**10 ADVANCED THINKING  
PRINCIPLES THAT JUST MIGHT  
CHANGE YOUR LIFE**



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**EXCELLENCE CAN BE  
DUPLICATED**

2

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# THE ULTIMATE QUESTION

## What do you want?

3

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**THE IMPORTANCE OF DEFYING  
NORMS. THE MASSES ARE  
WRONG ABOUT EVERYTHING –  
SO THINK DIFFERENTLY**



# 1. Investing and Personal Finance

- **What the Masses Do:** Many people follow the crowd, buying stocks or real estate when prices are high (FOMO) and selling when prices drop (panic). They chase trends, like cryptocurrency during hype cycles, without understanding fundamentals.
- **Thinking Differently:** Warren Buffett's philosophy of being "fearful when others are greedy, and greedy when others are fearful" demonstrates how going against the masses often leads to better financial outcomes.

## 2. Health and Healing

- **What the Masses Do:** Most people rely solely on traditional Western medicine and accept its belief system about what's possible, often dismissing alternative approaches or integrative methods as ineffective or unscientific.
- **Thinking Differently:** Those who explore holistic approaches—such as functional medicine, nutrition, mindfulness, or complementary therapies—often find solutions to chronic issues that conventional medicine struggles to address.

### 3. Social Norms and Trends

- **What the Masses Do:** People conform to societal norms about relationships, work-life balance, and life milestones, like getting married or buying a house by a certain age.
- **Thinking Differently:** Minimalists, digital nomads, and those embracing alternative lifestyles show that breaking free from societal expectations can lead to greater fulfillment and freedom.



## 4. Technology Adoption

- **What the Masses Do:** The masses resist change, often skeptical of emerging technologies. In the early days, most people dismissed smartphones, streaming services, and online shopping as fads.
- **Thinking Differently:** People who embrace change thrive—visionaries like Jeff Bezos with Amazon or Netflix's Reed Hastings—disrupted entire industries by ignoring the masses' skepticism.

## 5. Self-Development

- **What the Masses Do:** Many people accept their limitations, believing things like "You can't teach an old dog new tricks" or that major personal change is impossible.
- **Thinking Differently:** People who explore new breakthroughs such as Advanced Thinking Technologies and are open to change often achieve breakthroughs others think are impossible.

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**WISDOM** IS THE EXPANSION  
OF CHOICE

5

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**WHAT'S GOOD ABOUT YOUR  
PROBLEMS?**

**BEWARE ADDICTION TO  
STRESS/STRUGGLE**



6

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**WORRYING – ACT AND DON'T  
WORRY OR DECIDE NOT TO  
ACT AND DON'T WORRY.**

7

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**HEALTH –**  
**MIND BODY / BELIEFS**

8

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**MONEY**

**WEALTH IS A CHOICE**



9

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**LET GO OF PEOPLE LIKING YOU.  
THE UNIVERSE DOESN'T CARE –  
IT'S AMBIVALENT**



**10**

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# **THE POWER OF INTENT**

The background features a dark blue field with a pattern of light blue chevrons pointing to the right. Several horizontal streaks of light, in shades of orange, yellow, and blue, are visible at the bottom of the frame.

# **THE 10 FOUNDATIONS OF ADVANCED THINKING**

1. Your Reality is a Construct – The Ultimate Freedom
2. Cause / Effect – The Decision that shapes your life
3. You don't have Problematic Feelings – You do them What works. Nouns to Verbs VIDEO
4. The past does not exist
5. Unconscious is capable of extraordinary change / Change Fast
6. You can choose how you feel
7. Beliefs
8. Health
9. 80/20
10. Wisdom and Success can be duplicated



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