

CHRIS CARDELL'S

BREAKTHROUGH

2022

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# Your Personal Breakthrough

Advanced Thinking  
For A New World

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# Breakthrough 1

## Dissolving Problems

# Entrepreneurs have two types of problem:

1. Your Business problems of today
2. Your personal problems of yesterday

# Breakthrough 1 - Dissolving Problems

## Your Business Problems of Today

- The Problem isn't the Problem
- The Problem is that you think Problems are bad

**One of the greatest  
powers you have is the  
power of your Mind to  
choose what things mean**

# Breakthrough 1 - Dissolving Problems

## What Does A Problem Mean?

- The Problem isn't the Problem
- The Problem is that you think Problems are bad

**Problems are part of the gig and my job is solving problems. The more problems I solve, the more money we'll make.**

# Breakthrough 1 - Dissolving Problems

## Your Personal Problems of Yesterday

- The great thing about the past is – it's over.
- How can the past cause you problems when the past does not exist?

# Breakthrough 1 - Dissolving Problems

## How do you Think?

- Pictures
- Internal Dialogue
- Change the size and distance of the pictures.
- Associated v Disassociated

# Breakthrough 1 - Dissolving Problems

## Could Emotional Freedom Make You Wealthy?

- The sub conscious mind will let go of bad feelings from the past when you get the learning

**Your Reality is a  
combination of your  
thinking – the pictures and  
words. Plus the meanings  
you associate to everything**

**Which means:**

**Your Reality is a  
Construct**

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# Breakthrough 2

## Watch Your Language

# Questions

**Your brain will  
answer any question  
you ask**



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Health

# Omicron: How worried should we be?



**James Gallagher**  
Health and science correspondent  
[@JamesTGallagher](#)

🕒 6 December 2021 | [🗨️ Comments](#)



Coronavirus pandemic



# Breakthrough 2 - Watch Your Language

## Verbs to Nouns

- Stress
- Anxiety
- Depression

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# Breakthrough 3

## Riding the Wave of Change

## Breakthrough 3 – Riding the Wave of Change

“It is not the strongest of the species that survives, nor the most intelligent; **it is the one most adaptable to change.**”

**Charles Darwin**

# Breakthrough 3 – Riding the Wave of Change

## The Three Essential Requirements for Change

1. Flexibility
2. Recovery Time
3. Acceptance

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# Breakthrough 4

## Creating Your Future

## Breakthrough 4 - Creating Your Future

**Your sub conscious needs an understanding of your future so it can activate all of your resources**

1. Activate your neurons. Remember what we covered over las two days.
2. Take that one month into the future, then three months, then six months, then one year.

## Breakthrough 4 - Creating Your Future

**Your sub conscious needs an understanding of your future so it can activate all of your resources**

3. Turn back to the you of today, What's the one thing you want them to know and the one thing you want them to do differently.
4. Come back to now and receive the message.

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